



Here are the first 25 of 150 powerful Life Changing Quotes

They vary in length; and each quote is presented on a single page, bordered by a light-green ivy vine.

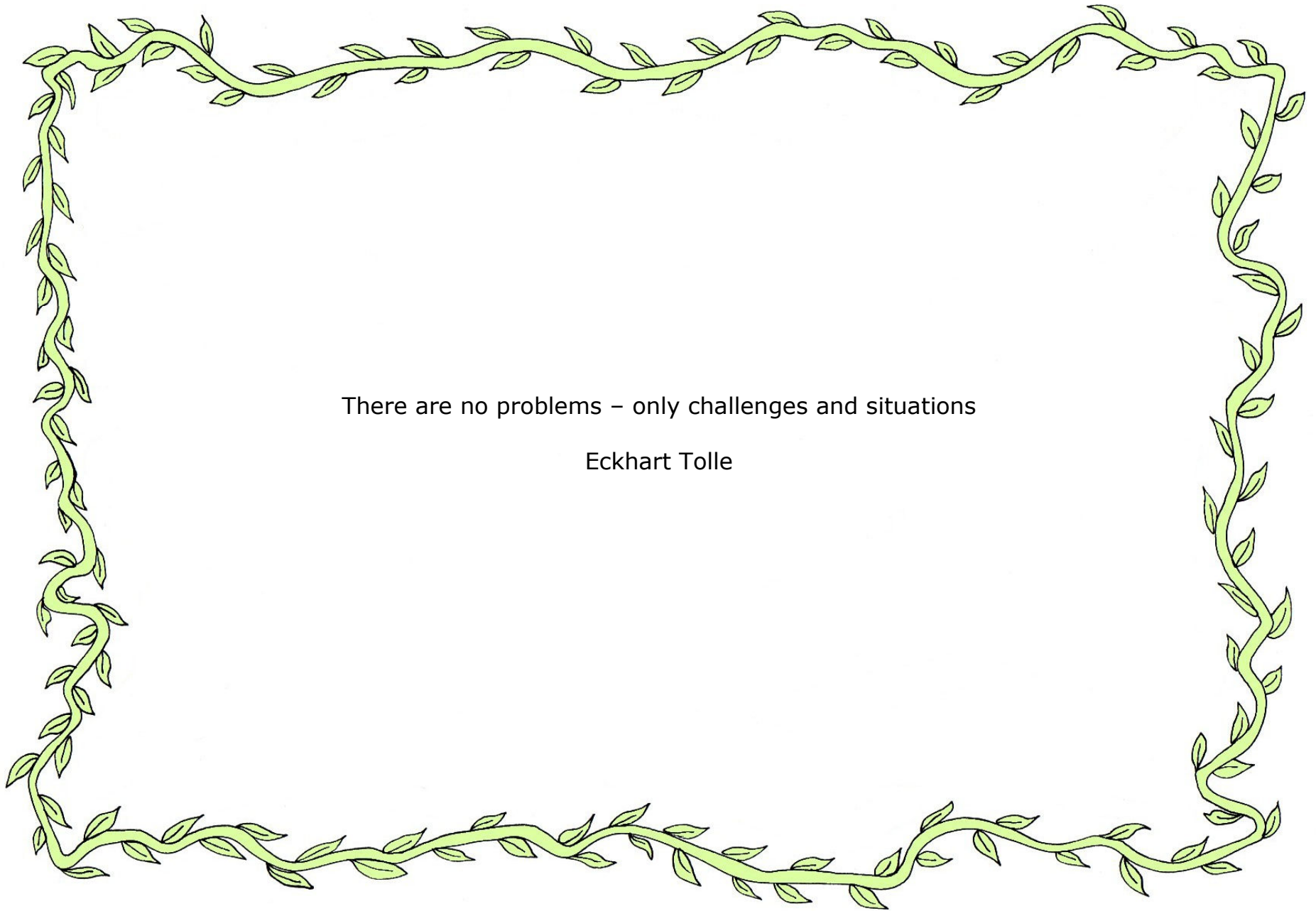
Pages can be printed full size or as smaller card versions

150 Life Changing Quotes

Presented by Paul Foreman

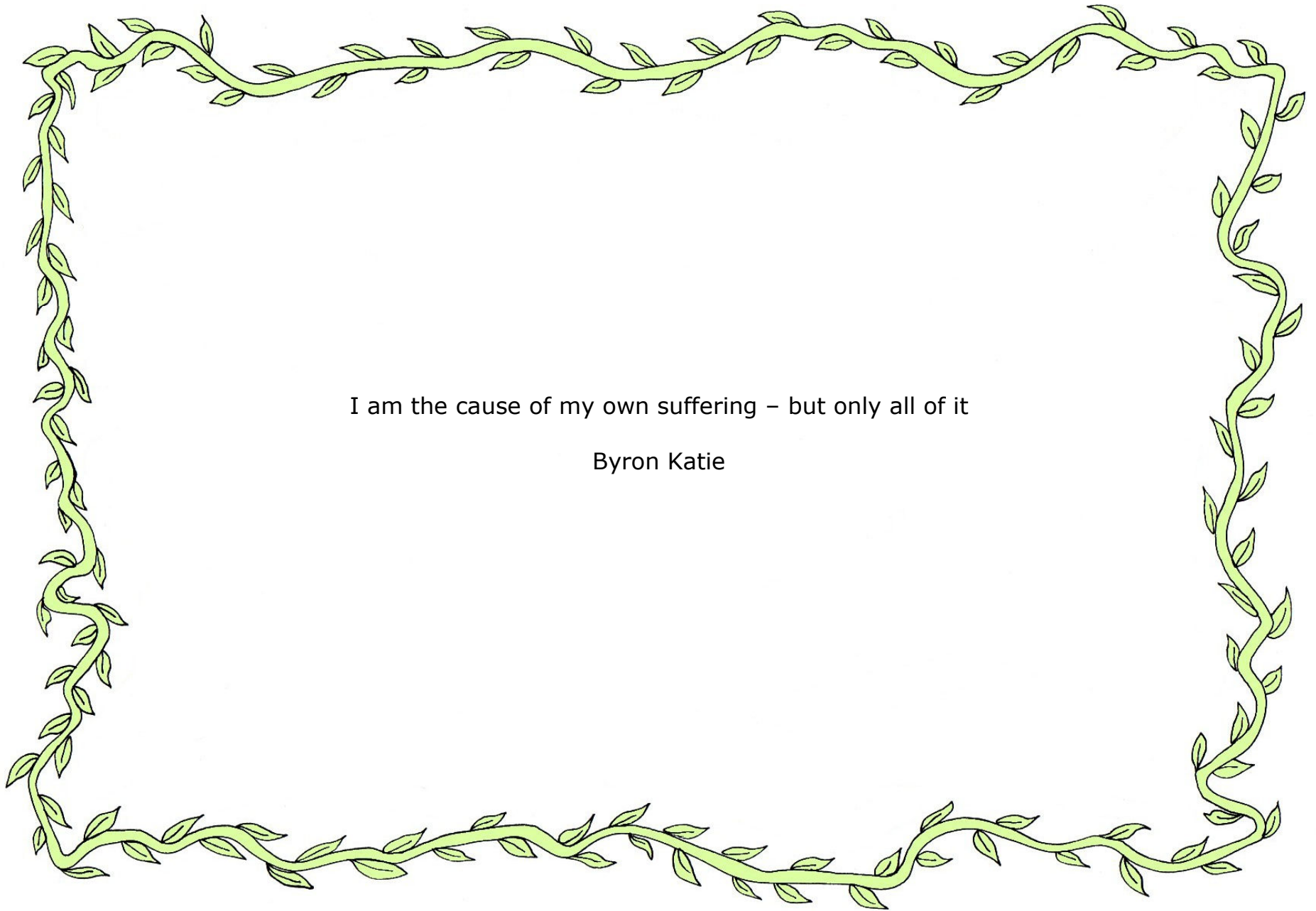
E-Book £3.99

Available from <http://www.spiritualinspiration.co.uk>



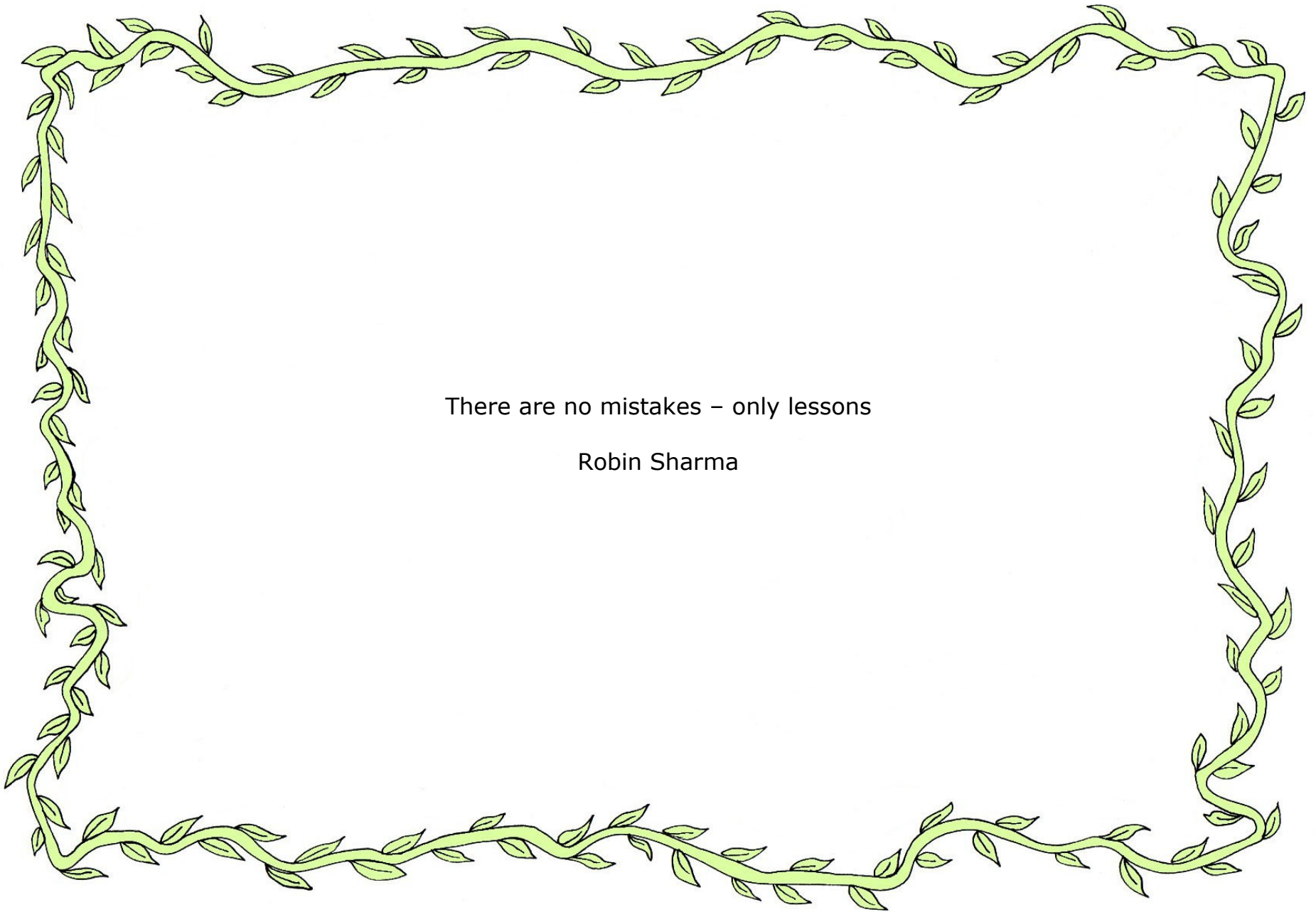
There are no problems – only challenges and situations

Eckhart Tolle



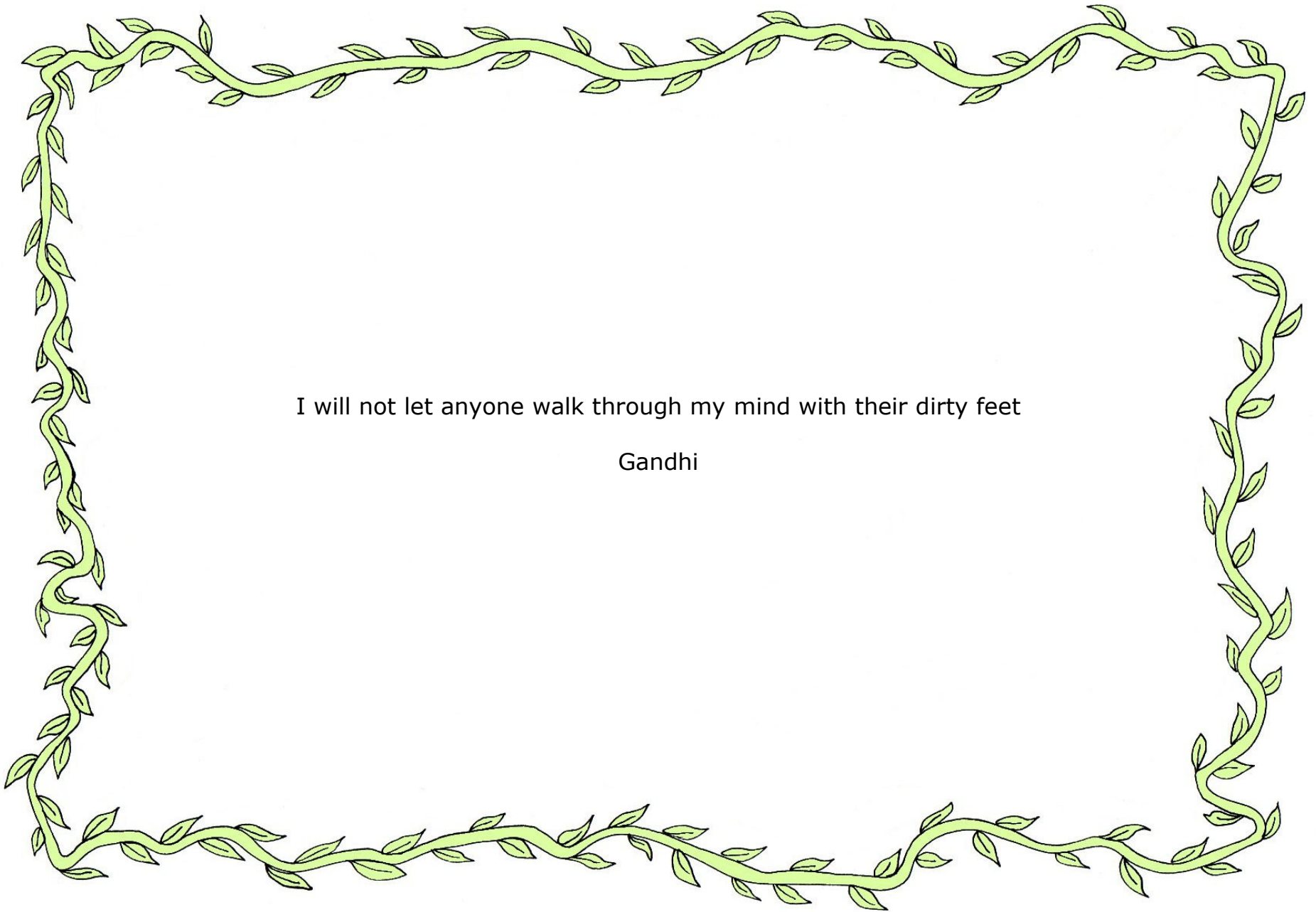
I am the cause of my own suffering – but only all of it

Byron Katie



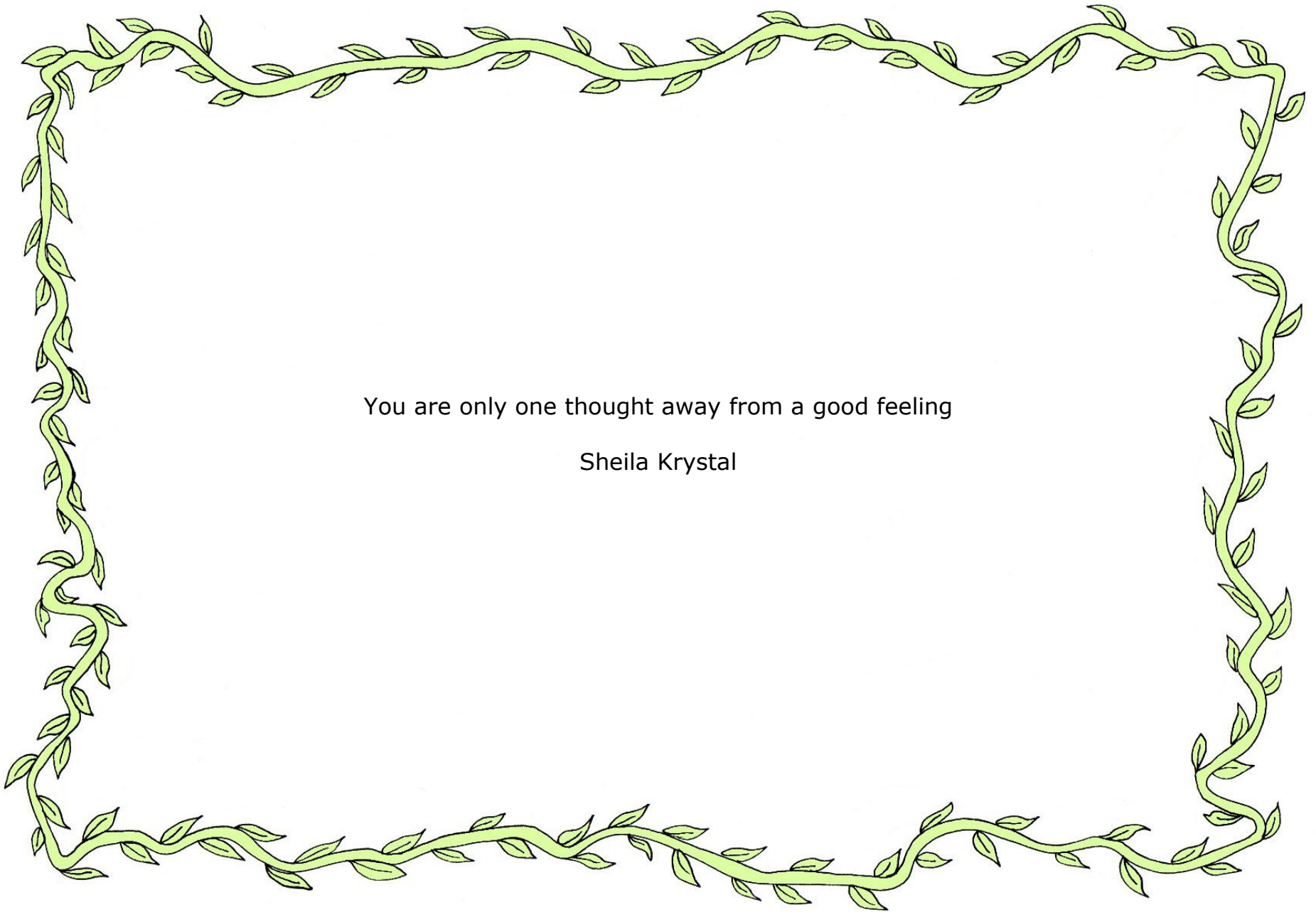
There are no mistakes – only lessons

Robin Sharma



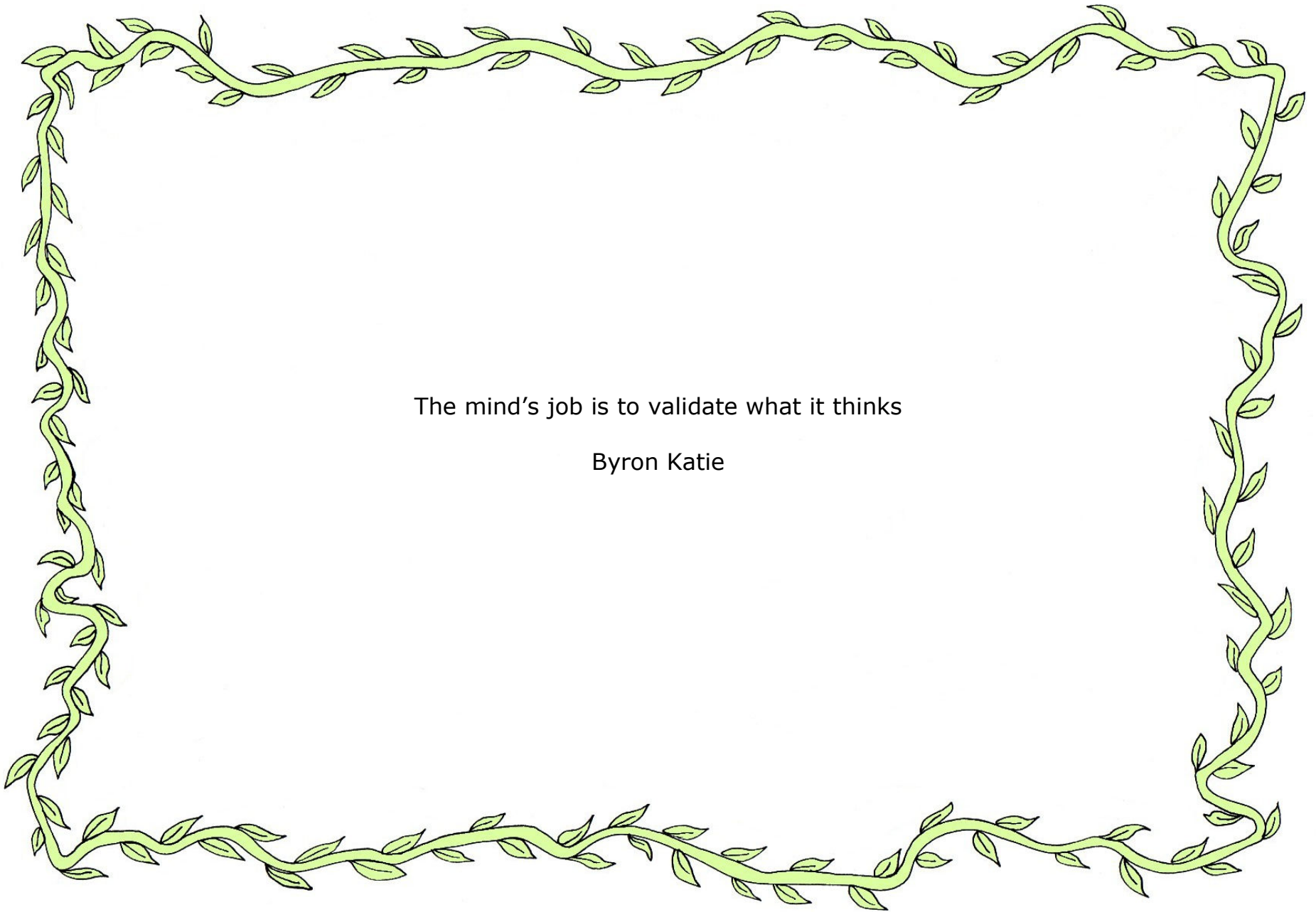
I will not let anyone walk through my mind with their dirty feet

Gandhi



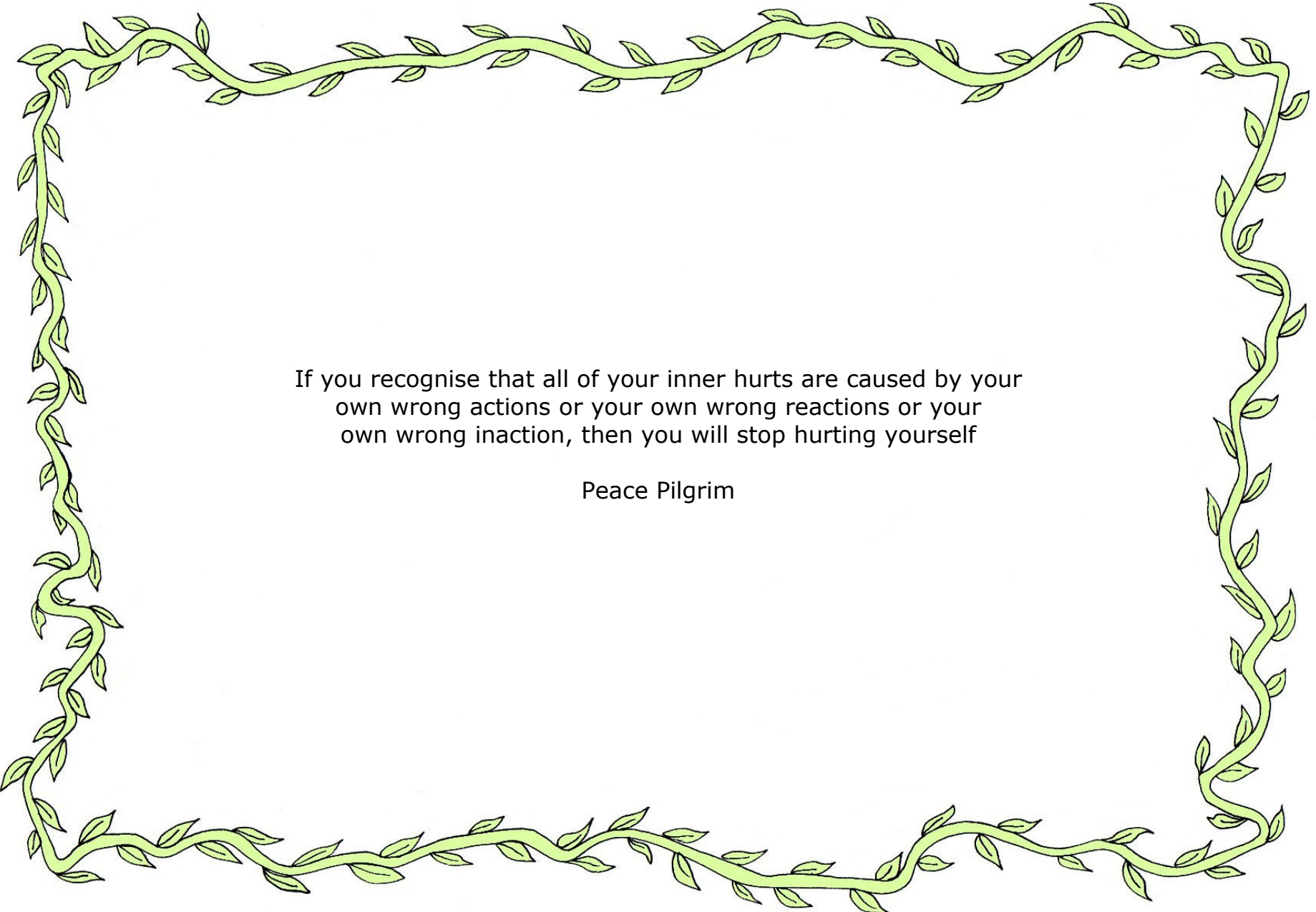
You are only one thought away from a good feeling

Sheila Krystal



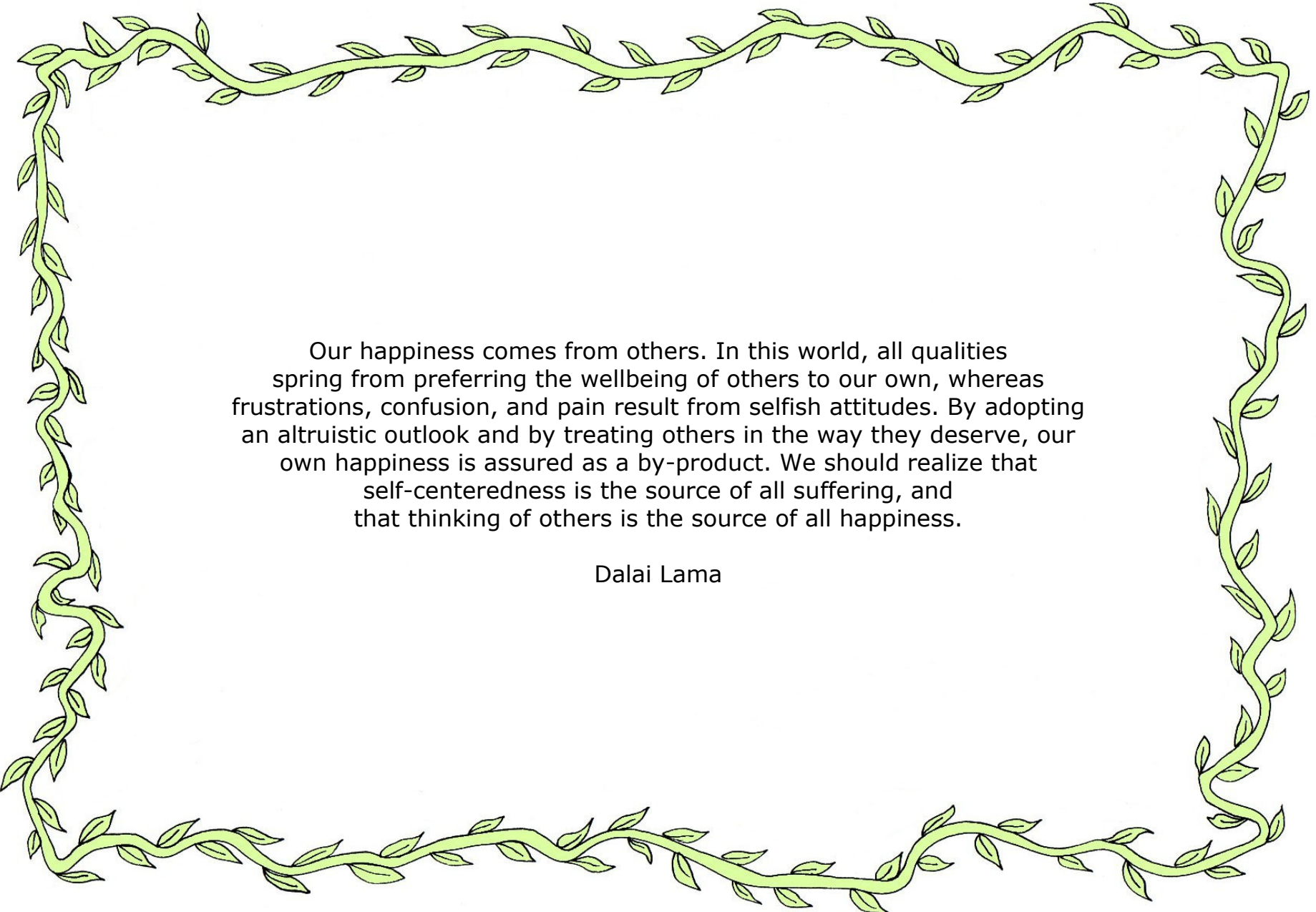
The mind's job is to validate what it thinks

Byron Katie



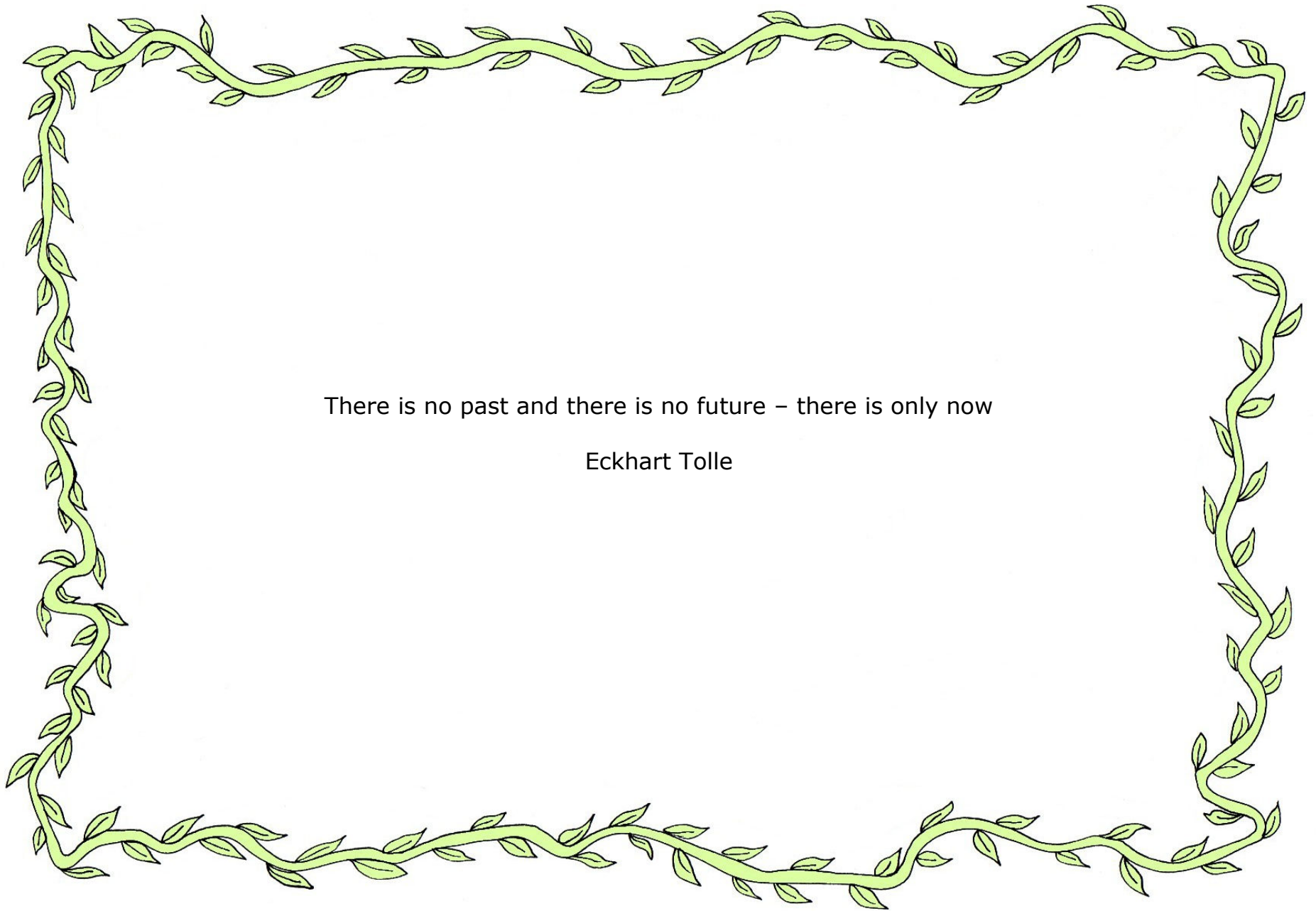
If you recognise that all of your inner hurts are caused by your own wrong actions or your own wrong reactions or your own wrong inaction, then you will stop hurting yourself

Peace Pilgrim



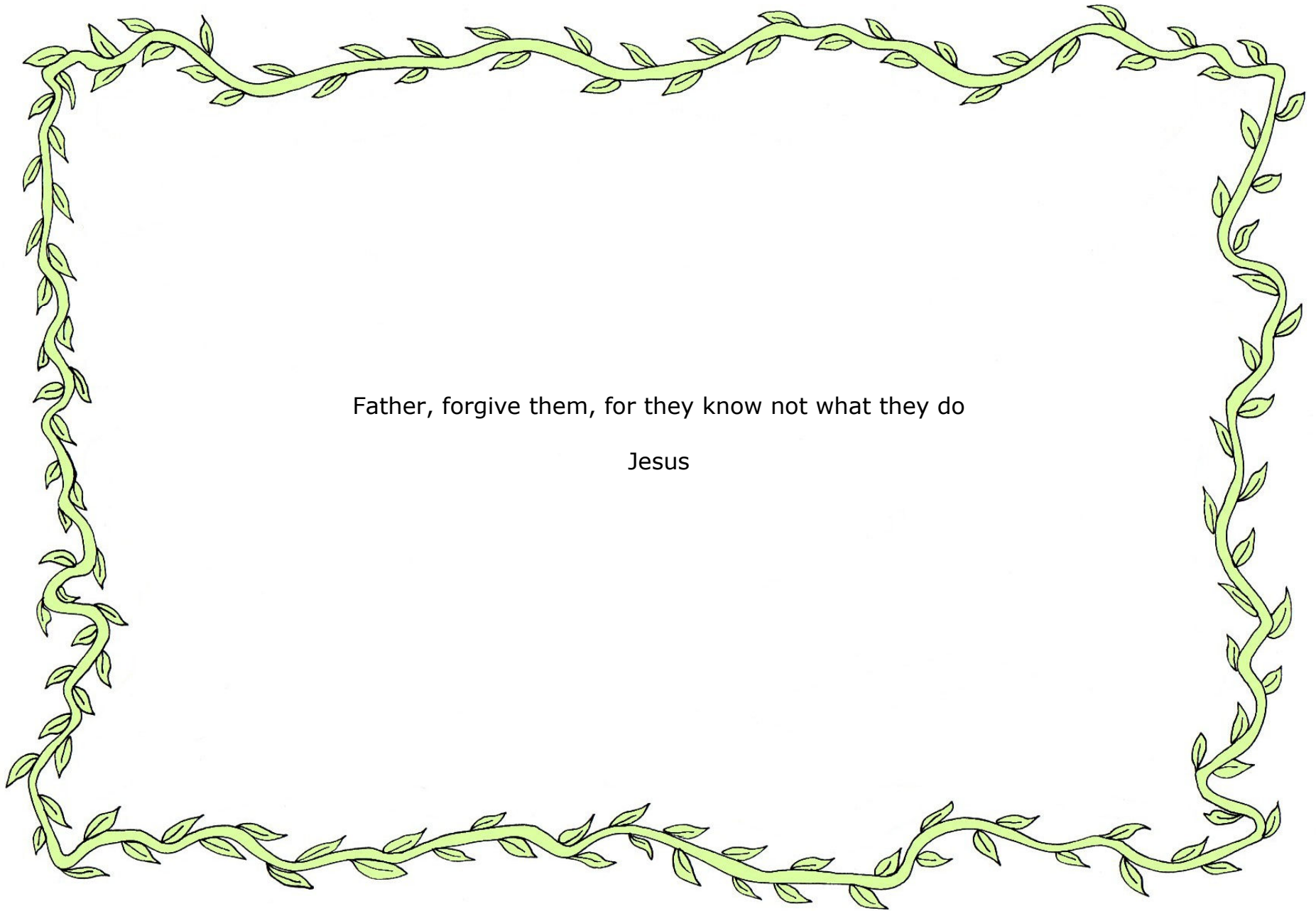
Our happiness comes from others. In this world, all qualities spring from preferring the wellbeing of others to our own, whereas frustrations, confusion, and pain result from selfish attitudes. By adopting an altruistic outlook and by treating others in the way they deserve, our own happiness is assured as a by-product. We should realize that self-centeredness is the source of all suffering, and that thinking of others is the source of all happiness.

Dalai Lama



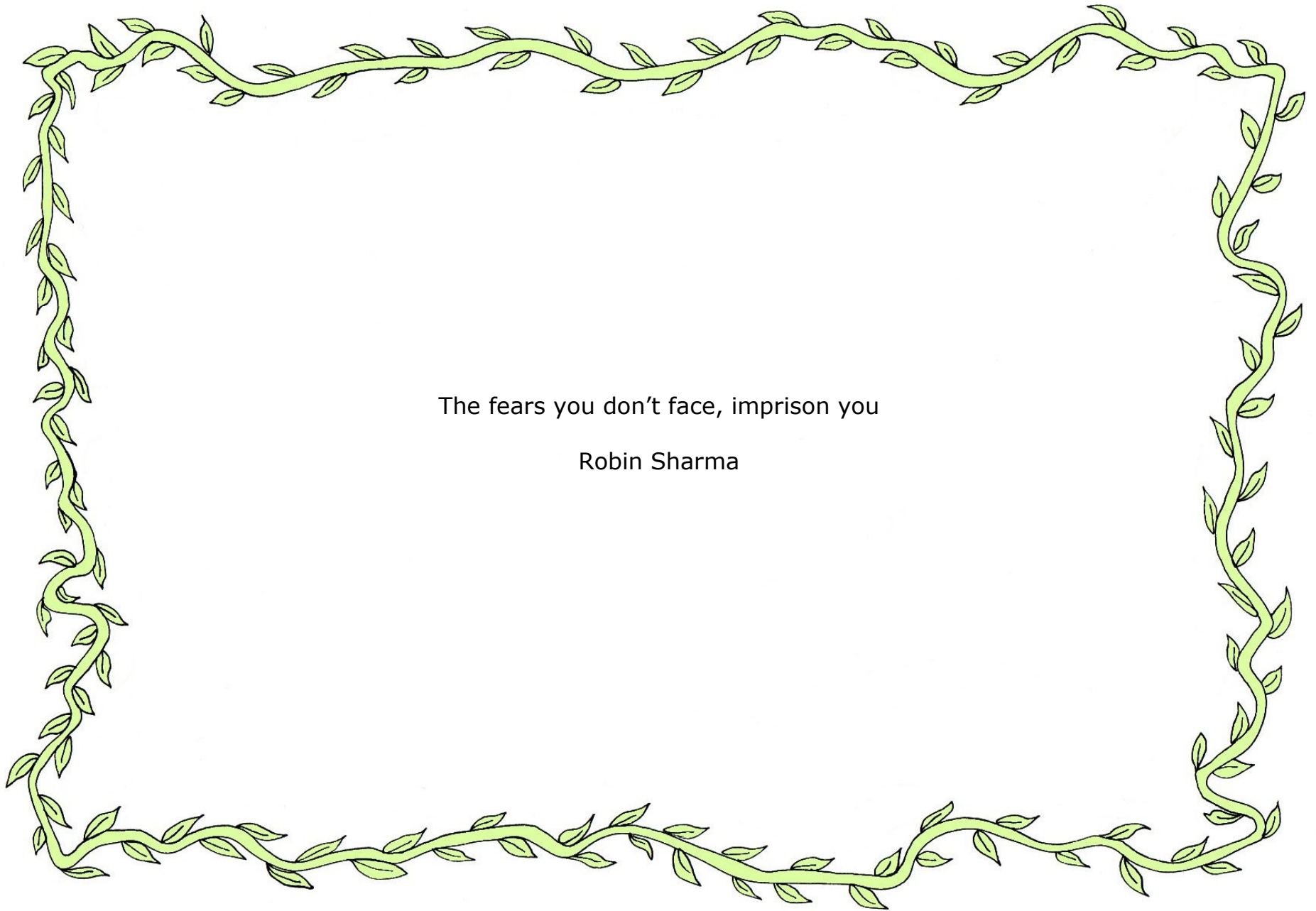
There is no past and there is no future – there is only now

Eckhart Tolle



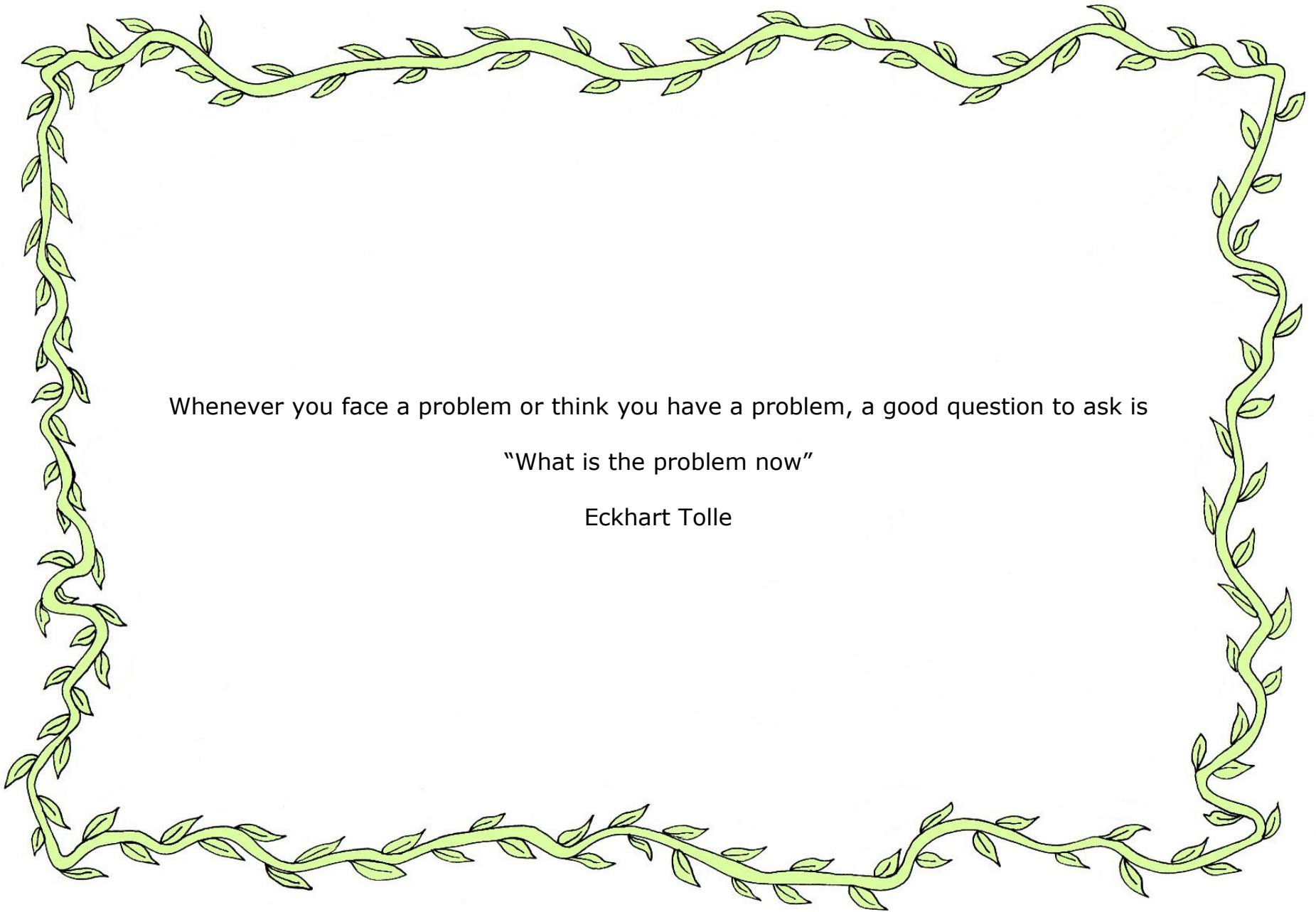
Father, forgive them, for they know not what they do

Jesus



The fears you don't face, imprison you

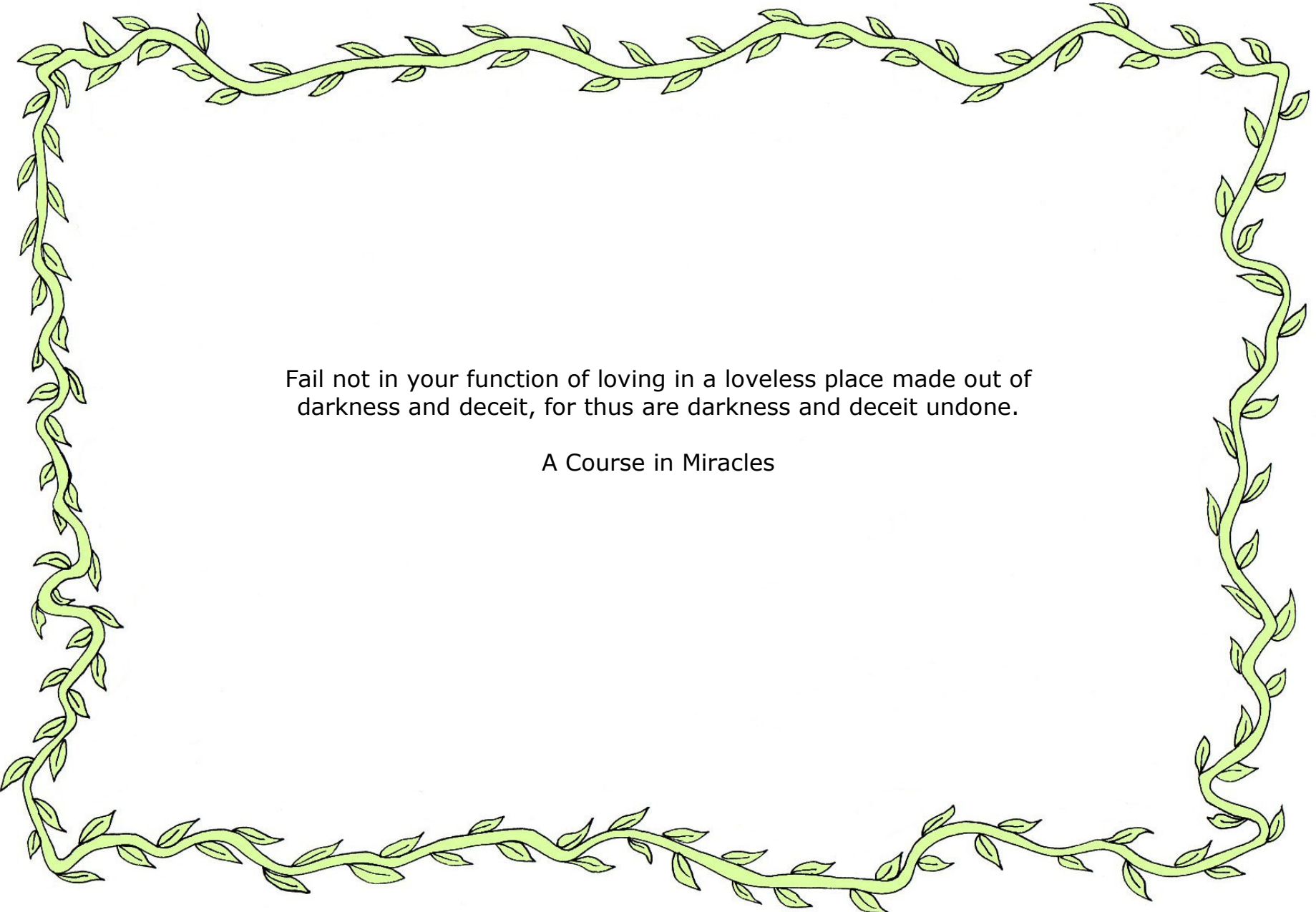
Robin Sharma



Whenever you face a problem or think you have a problem, a good question to ask is

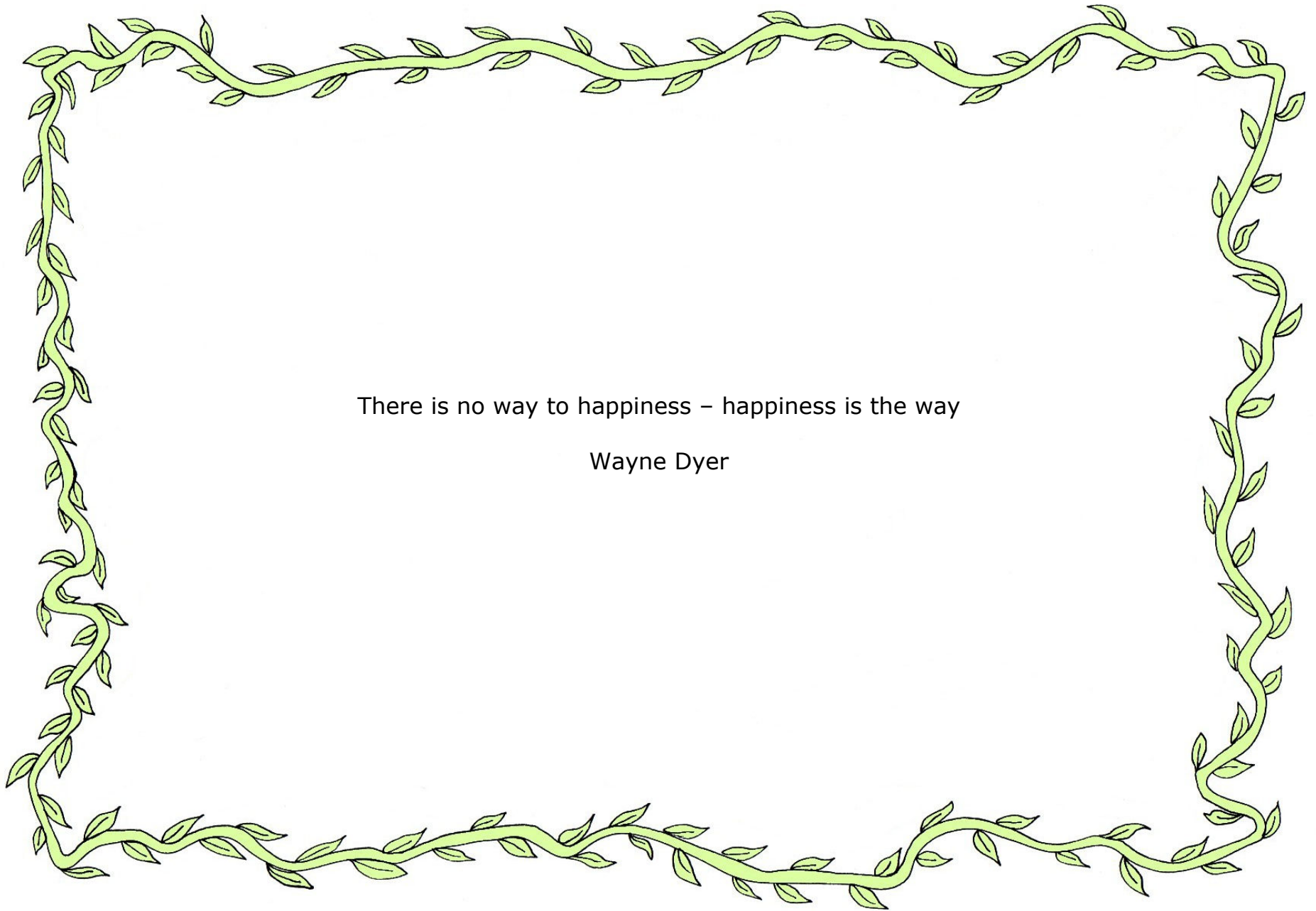
“What is the problem now”

Eckhart Tolle



Fail not in your function of loving in a loveless place made out of
darkness and deceit, for thus are darkness and deceit undone.

A Course in Miracles



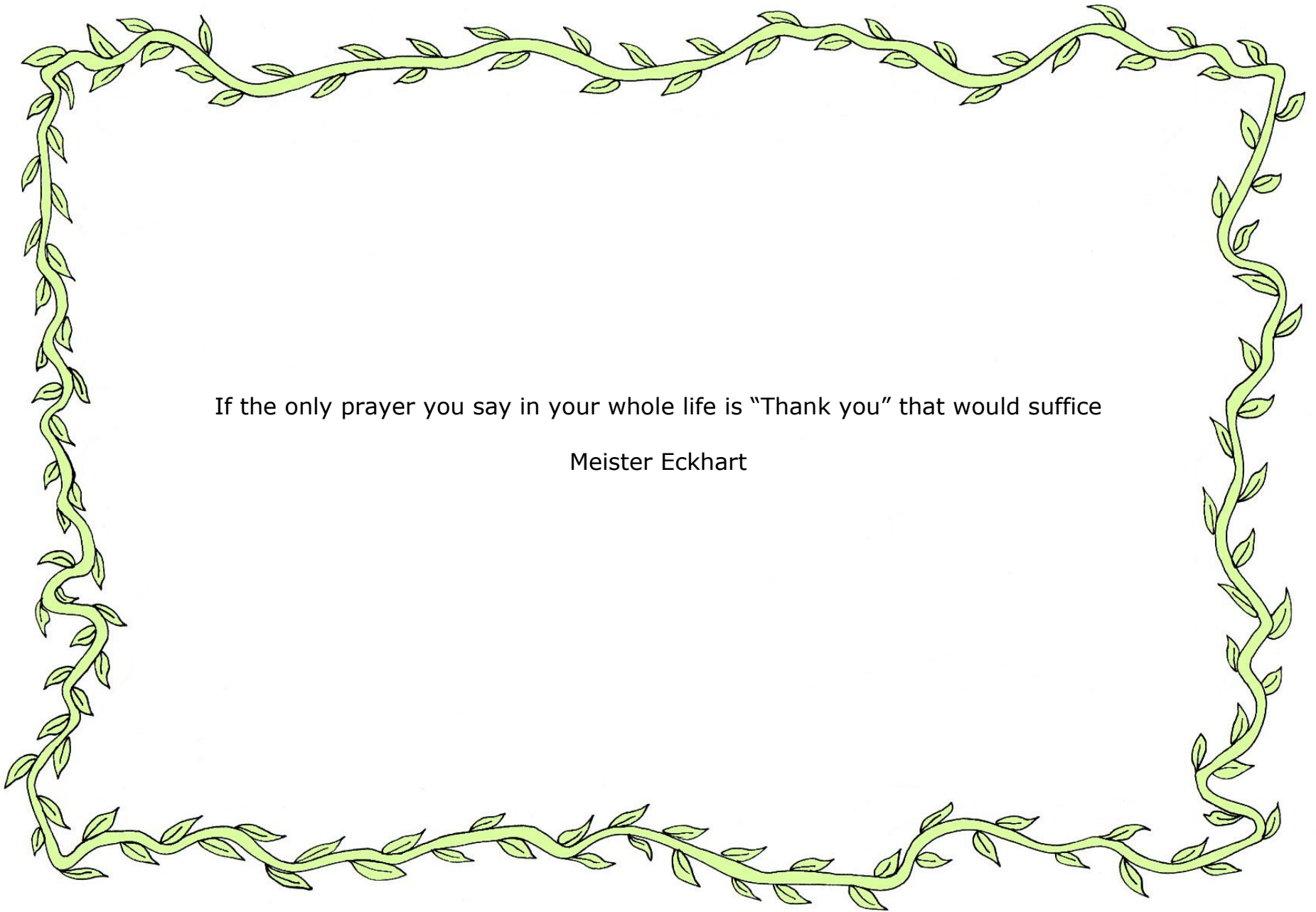
There is no way to happiness – happiness is the way

Wayne Dyer



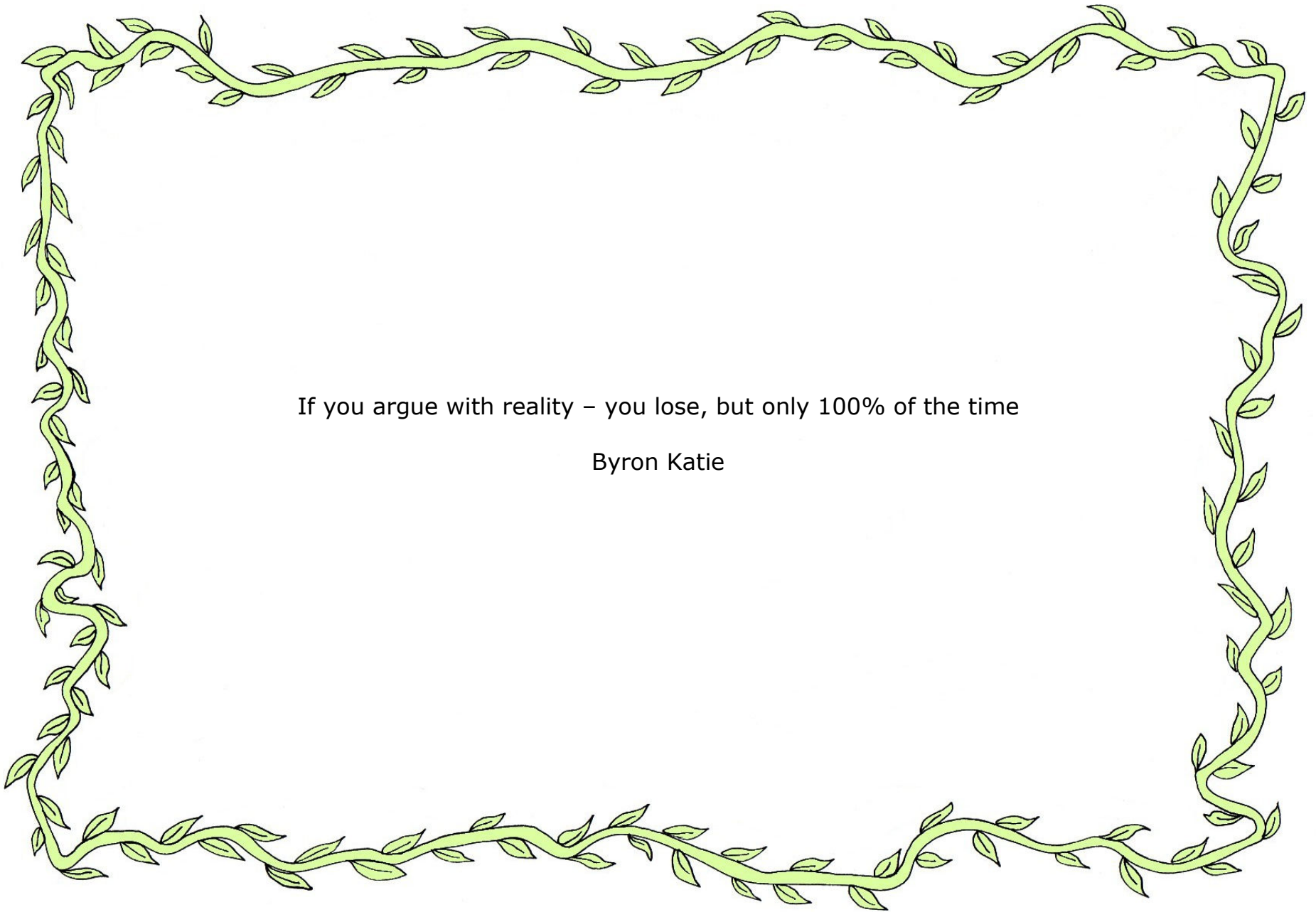
Feel the fear and do it anyway

Susan Jeffers



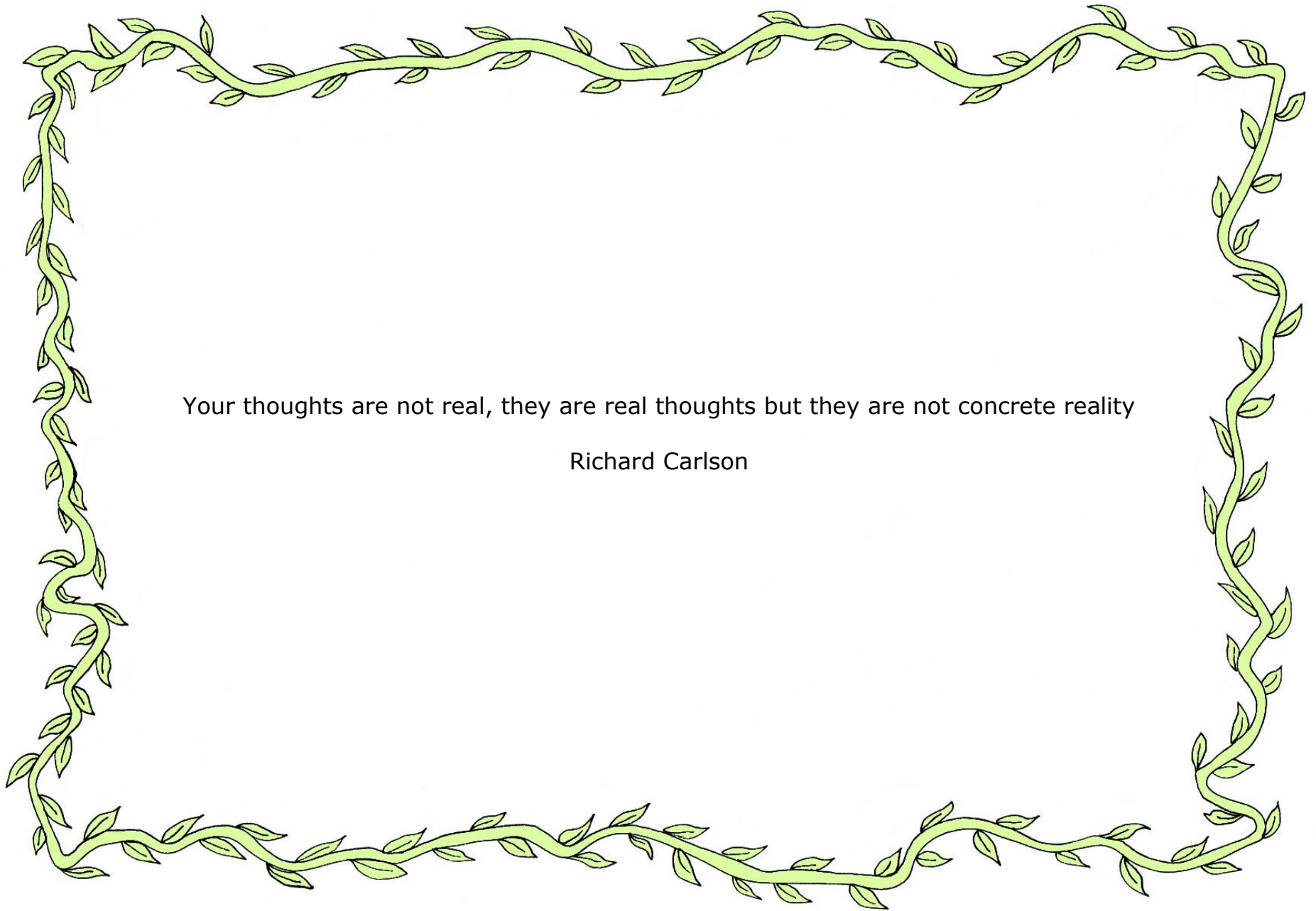
If the only prayer you say in your whole life is "Thank you" that would suffice

Meister Eckhart



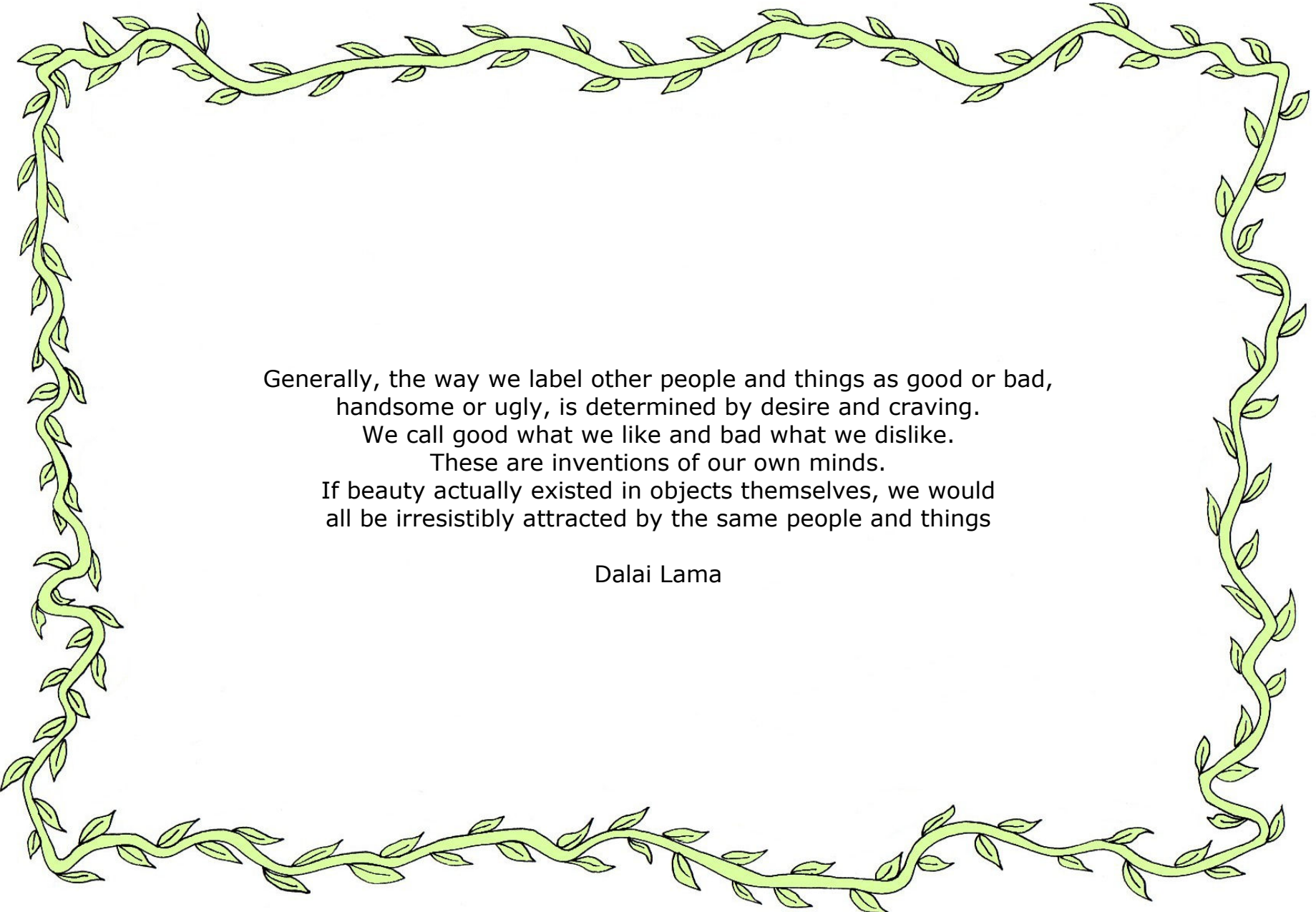
If you argue with reality – you lose, but only 100% of the time

Byron Katie



Your thoughts are not real, they are real thoughts but they are not concrete reality

Richard Carlson



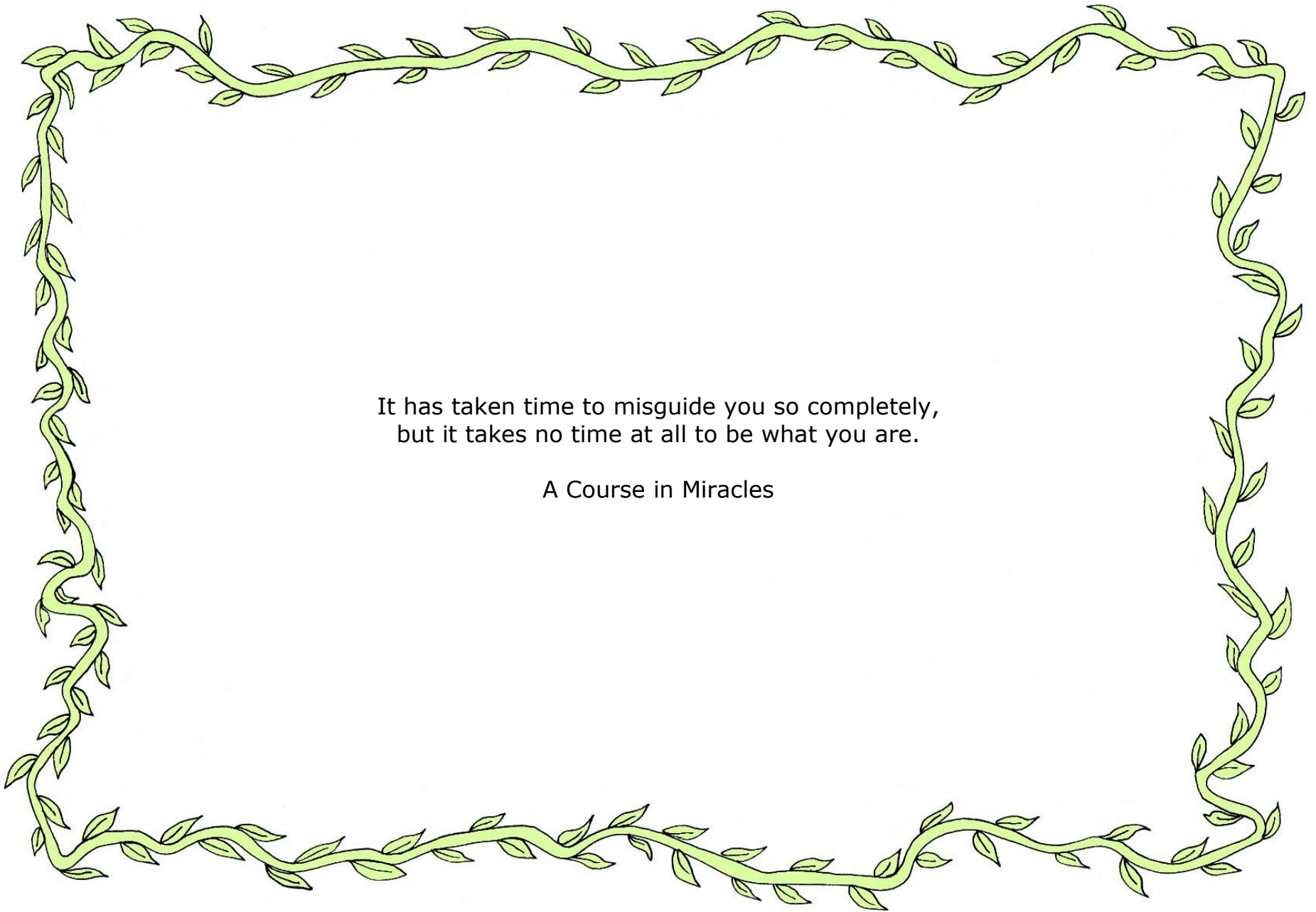
Generally, the way we label other people and things as good or bad,
handsome or ugly, is determined by desire and craving.
We call good what we like and bad what we dislike.
These are inventions of our own minds.
If beauty actually existed in objects themselves, we would
all be irresistibly attracted by the same people and things

Dalai Lama



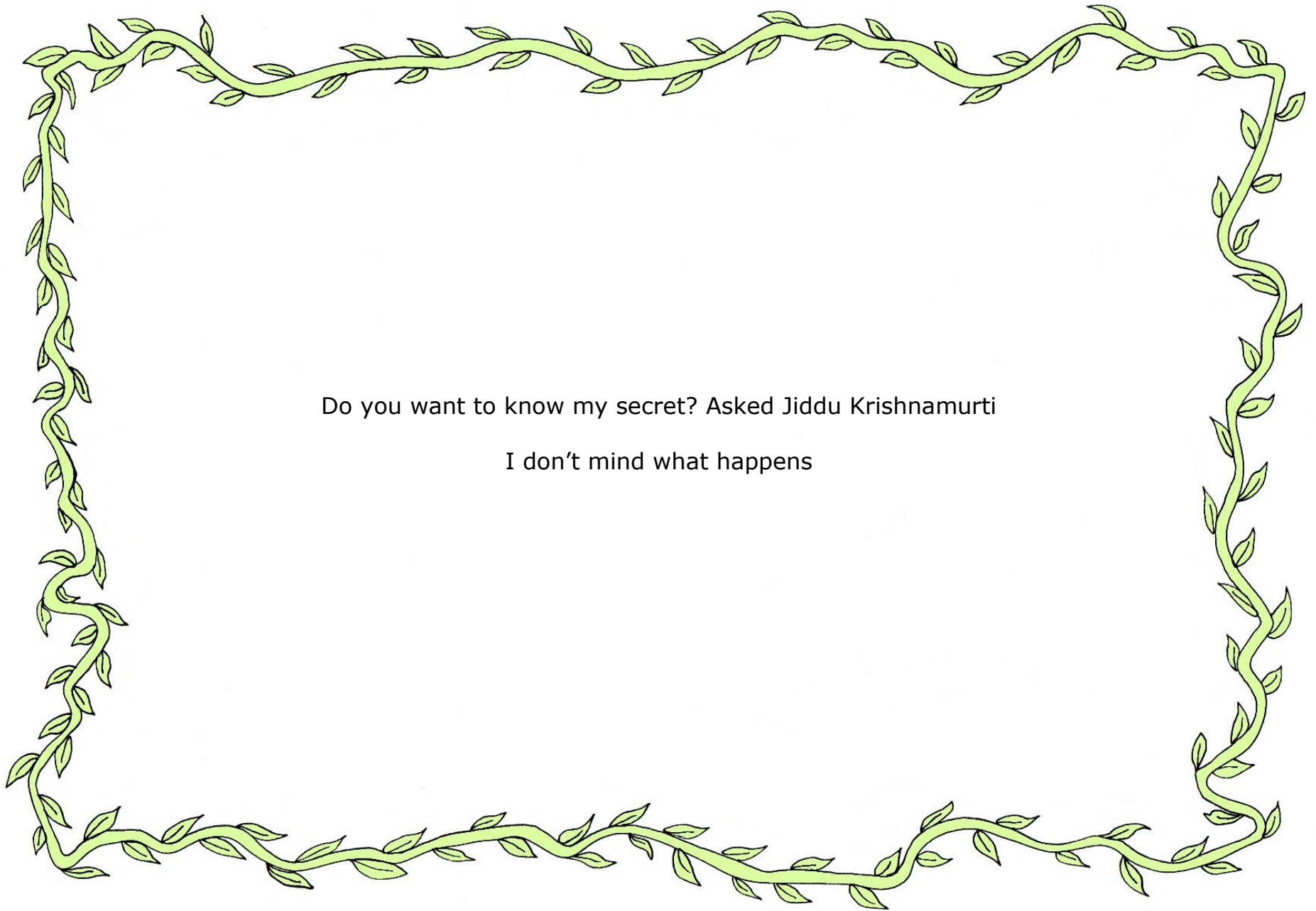
Do your best and then let nature do the rest

Robin Sharma



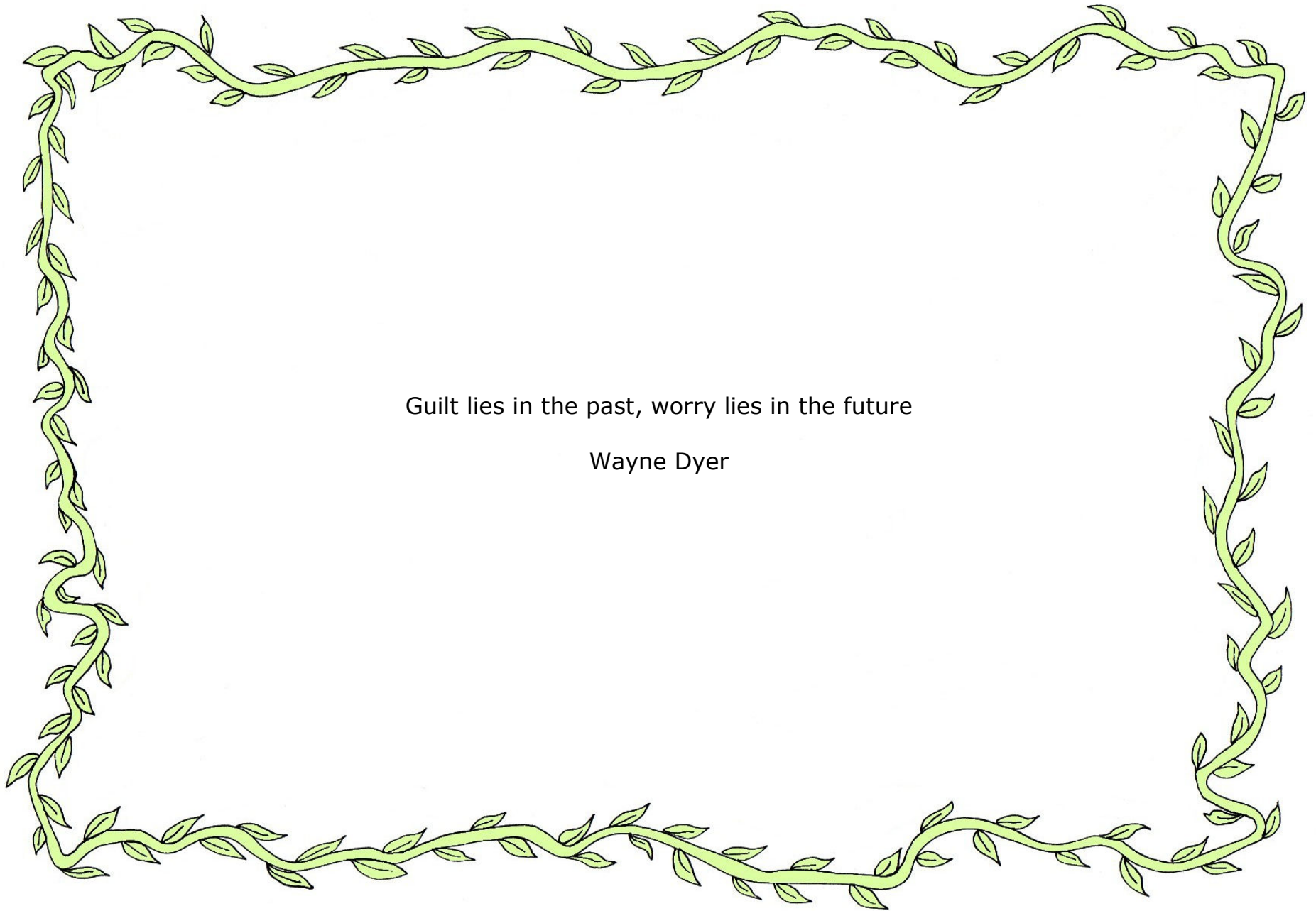
It has taken time to misguide you so completely,
but it takes no time at all to be what you are.

A Course in Miracles



Do you want to know my secret? Asked Jiddu Krishnamurti

I don't mind what happens



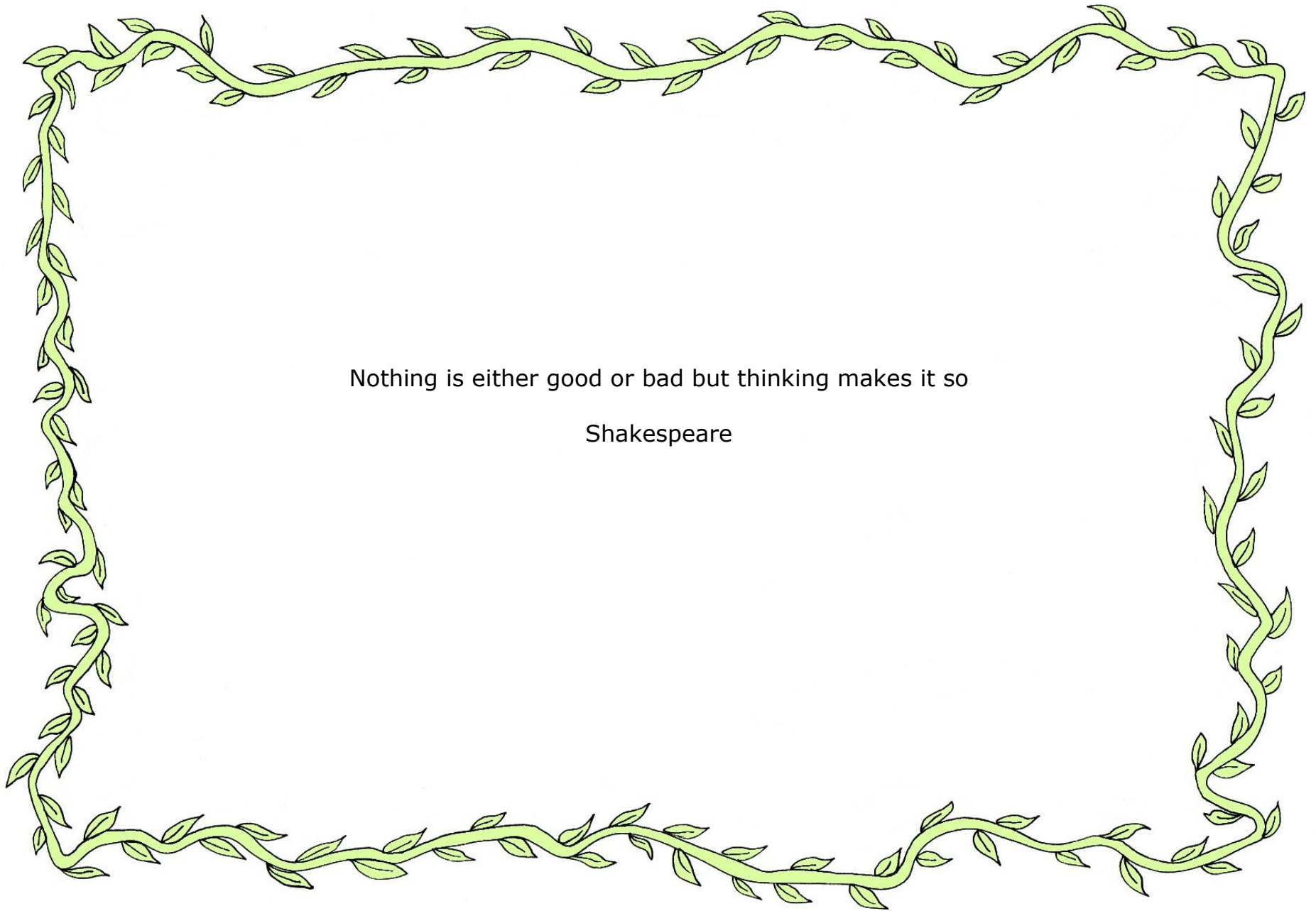
Guilt lies in the past, worry lies in the future

Wayne Dyer



Forgiveness is letting go of all hope for a better past

A Course in Miracles



Nothing is either good or bad but thinking makes it so

Shakespeare